



13-19 March 2022 • Faith 24/7

## Today, tomorrow and the next day

### Luke 13.31-35

In reply to some Pharisees, Jesus says that he is going to Jerusalem, the destiny of a prophet. On his way he will do his work, which is to gather those who need tender care, compassion and healing.

Now read Luke 13.31-35 see p.2 for text.

### A note on the passage

Are the Pharisees threatening or challenging Jesus? He does not waste time on this but puts his energy into what needs to be done. What drives us? What do we really need to do?



Use something like a plain tea towel folded into a square, and some little balls made of scrunched up kitchen paper or tissue paper. You could colour the little balls with yellow food colouring if you have some. Let them dry before use.

Prop up the folded tea towel over a small bowl to represent a hen, and pretend that the little balls are the chicks. Talk together about people who need love, protection and to feel safe. Let each little ball represent one of these people or groups. Place them under the edges of the tea towel, naming them, then say this prayer:

As the mother hen gathers her chicks  
 safely under her wings,  
 gather those who need safety and protection, Lord,  
 so that they know your love. **Amen.**



What words would be written on a wall of your values?

## Hands-on Lent



Have you added anything to your Hands-on Lent bowl yet? Here is a suggestion that ties in with this week's Gospel theme of values and behaviour. Think of something you could do for someone in your household, or a friend or family member on, or soon after, Easter Day. Write that on a slip of paper as a promise. Will you keep your promise? One thing we can be sure of: God does!

2



## BAKE

Make some hen biscuits as a reminder of Jesus' words.

**You will need:** a packet of plain biscuits (e.g. rich tea); white fondant icing; icing pens; icing sugar for rolling; rolling pin; sharp knife; palette knife

Make a hen template (copy and enlarge the image below or design your own) – it should be no bigger than your biscuits. Roll out the icing to a thickness of about 3mm. Cut the icing round the hen shape with a sharp knife. Use a palette knife to lift it onto a biscuit. Decorate with the icing pens. You could cut an oval wing out of some icing and stick that on the hen, with little chick heads peeking out from underneath. Be as creative as you like.



We use the word 'core' in lots of ways. Look at an apple; cut it open through the stem and look at the middle. What are the important bits of the core, the middle? Try some sit-up exercises that strengthen the 'core' of your body. Lie flat on your back on the floor, then try to sit up without using your arms to push. What hurts or pulls? Those are some of your core muscles! What are your 'core values'? What is important to you? What keeps you strong? What inspires you to do things?



We often mean to do things but don't get round to it. Or we may have done some really kind things but not realised it! Make a household plan for three days. Create a four-column grid, with a row for each person, their name and column for each day. Plan to do a caring thing on each of the three days: write or draw plans in the spaces. You could care for each other, for some other people, a pet, the earth, the garden, the street, the park – anything. Help each other stick to your plans.



***A Prayer for Ukraine***

God of peace and justice, we pray for the people of Ukraine today.  
 We pray for peace and the laying down of weapons.  
 We pray for all those who fear for tomorrow, that your Spirit of comfort would draw near to them.  
 We pray for those with power over war or peace,  
 for wisdom, discernment and compassion to guide their decisions.  
 Above all, we pray for all your precious children, at risk and in fear,  
 that you would hold and protect them.  
 We pray in the name of Jesus, the Prince of Peace. Amen.

**Sermon Series during Lent: The Eucharist.**

We come week in week out and join together in this great act of remembrance and thanksgiving we know as the Eucharist. But how often do we really think about what we are saying and why we are engaging with this act of worship at all. Over four Sundays in Lent we will be looking at the four specific sections of the service in a little more detail.

Sunday 13<sup>th</sup> March     The Liturgy of the Word  
 Sunday 20<sup>th</sup> March    The Liturgy of the Sacrament  
 Sunday 3<sup>rd</sup> April        The Dismissal.

**Don't forget...** Bishop Martin will be with us on Mothering Sunday 27<sup>th</sup> March to lead our worship – please be here if you can.

Psalm 27, the lectionary psalm for today, was written in deeply troubled times when armies were encamped around them and war was rising (v3). Those verses seem entirely pertinent to the current situation as cities in Ukraine are encircled and, whatever official Russian media may call it, Putin has unleashed war on Ukraine. Some psalms are angry. Some are penitent. Some contain vindictive passages which are hard for us to read. Some are really difficult for people who believe in a God of love. I believe that someone has said that every human emotion can be found in the Psalms. But here in Psalm 27 God, unusually, is described as light in a dark world. Is that light to be found in individual stories of courage?

Daily Readings for week commencing 14 <sup>th</sup> March 2022		
<b>Monday</b>	Genesis 43: 16-end	Hebrews 1
<b>Tuesday</b>	Genesis 44: 1-17	Hebrew 2: 1-9
<b>Wednesday</b>	Genesis 44: 18-end	Hebrews 2: 10-end
<b>Thursday</b>	Genesis 45: 1-15	Hebrews 3: 1-6
<b>Friday</b>	Genesis 45: 16-end	Hebrews 3: 7-end
<b>Saturday</b>	Isaiah 11: 1-10	Matthew 13: 54-end <i>Joseph of Nazareth</i>

***Pray for those in need...*** Please pray for the people of Ukraine...for those on need of God's healing touch...Heather, Dorothy, Pat, Sue, Joyce, Maureen, Shane, Bryn, Katie-Lou, Dennis and Janet... ***Please remember those who mourn the loss of a loved one at this time...Pauline***