



27 February – 6 March 2022 • Faith 24/7

Pilgrim's progress

 **Luke 9.28-36(37-43)**

In which, Jesus takes Peter, James and John away with him to pray. As he is praying, Jesus' clothes begin to glow a dazzling white, Moses and Elijah appear with him, a cloud engulfs them all and the voice of God is heard. The disciples are frightened and unsure what to do; they tell no one of this moment of change they have witnessed.

Now read **Luke 9.28-36(37-43)** see p.2 for text.

A note on the passage

The transfiguration is a snapshot experience for the disciples. Everything changes in a moment and they then have to head back down the mountain. This moment of change has altered them, though. Unlike the disciples, we might not head up a mountain but we do experience moments of change. How have particular moments of change altered you?



Ask yourself: What things can distract you and sometimes mean you miss the moment?

WATCH



Look at this clip, shot from the top of a mountain.
https://www.youtube.com/watch?v=_SgrbjUFX28

It is a time lapse so you can see the changes in the scenery over a period of time. At the top of the mountain, the disciples would have seen changes to the scenery and much more as well. As you watch the clip, reflect on the moments of change the disciples saw, and imagine what it would have been like to be there that day.

WALK

At this time of year, there are many changes in the natural world, as we see the first signs of spring. Go on a photo walk, taking a camera or phone, and capture moments of change, e.g. snowdrops, buds on trees, or other changes in your local area. Create a collage from the images you take, noticing that these changes are part of the rhythm of the natural world. What are the changes in the rhythm of life for you?



Make a simple bubble mix by carefully adding 50ml washing-up liquid to 300ml water (try not to make any bubbles at this point). Leave this to stand for 2 hours. Make bubble wands from pipe cleaners, craft wire or biscuit cutters. Blow plenty of bubbles, noticing the changes that happen. Think about how these changes form the bubbles and how brief each change is.

REFLECT

Each evening, draw or write on a sheet of paper some of the changes in your life that you have been thinking about or have happened today. Mark those that you are welcoming in one colour and those you are worried about in another. As you write or draw, talk with God about each of these.



BAKE



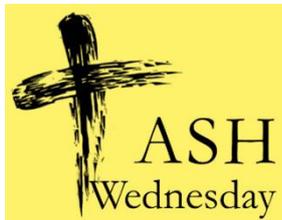
This Tuesday is Shrove Tuesday, traditionally a day to use up ingredients, before Lent, by making pancakes. Make pancakes <https://www.bbcgoodfood.com/recipes/easy-pancakes>, add a squirt of lemon juice and, as you do, think about the moments of change that are difficult for you. Add a sprinkling of sugar and, as you do, think about the moments of change that are good and that you are positive about.



Pilgrim – Turning to Christ. A Lent Course for 2022

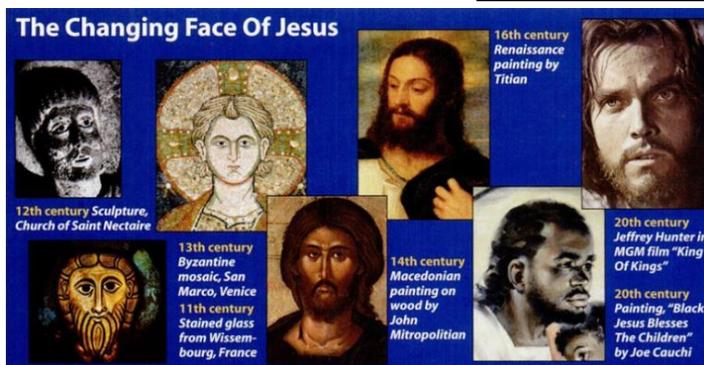
Evening Sessions begin on Thursday 3rd March at 7.30 p.m.

Afternoon Sessions begin on Wednesday 6th March at 3.00 p.m. (Please note time change).



Our service of Holy Communion with the Imposition of the Ashes will take place on Wednesday 2nd March 7.30 p.m. at Lincoln Green. Please do come as we begin our journey through Lent.

You are a winner:
1st prize Julia Tolley
2nd Prize Helen Maycroft



As we consider the Transfiguration of Jesus, we think about the many faces of Jesus seen in different cultures. I hope this meditation will help you to see the face of Christ in those you meet.

Loving Father in heaven Emmanuel,
 God with us, Of your goodness
 you have given us yourself, The richest
 gift of all. You invite us to seek for you,
 In the face of your Son, where you have

imprinted your likeness, Made glorious with the wounds of suffering and passion. Grant us a spirit of generosity, so that we may be enabled also to discern your features in the changing kaleidoscope of this world's need. Amen.

The shouts are too loud they so often deafen my ears. War, famine, destruction, death – the sufferings of the world glide past my soul. I have heard too much to care. But then you, O God, you stand in the midst of the world's woe, and the shapes of those who suffer are no longer faceless, for you have bequeathed to them your own face, their pain is etched with the lines of your passion. And I shall proclaim: I had heard, but now I see. The people are too many, they blur together in my imagination, races, colours, faiths and languages - their shifting kaleidoscope dazzles my vision I am made giddy by their infinite variety. But then you, O God, you are the still point round which all revolves, in you both light and shadow find an equilibrium: you paint into life our many-peopled world, your love refracts us into a rainbow of hope: And I shall proclaim: I had heard but now I see.

Daily Readings for week commencing 28 th February 2022			
Monday	Genesis 37: 1-11	Galatians 1	
Tuesday	Genesis 37: 12 – end	Galatians 2: 1-10	<i>St David</i>
Wednesday	Daniel 9: 3-6, 17-19	1 Timothy 6: 6-19	<i>Ash Wednesday</i>
Thursday	Genesis 39	Galatians 2: 11-end	
Friday	Genesis 40	Galatians 3: 1-14	
Saturday	Genesis 41: 1-24	Galatians 3: 15-22	

Pray for those in need... Please pray for the people of Ukraine...for those on need of God's healing touch...Heather, Dorothy, Pat, Sue, Joyce, Maureen, Shane, Bryn, Katie-Lou, Dennis and Janet... **Please remember those who mourn the loss of a loved one at this time...**